



*You're Invited to a Free Workshop*

## **Aging on Oahu: Understanding Care Options and Costs**

**Saturday, June 5, 2010**

9:00 a.m. to 12:00 Noon

Mission Memorial Auditorium

Register: **768-7700** or online at <http://agingonoahu.eventbrite.com>

### **Part 1 (9:00 – 10:30 a.m.)**

#### **Staying at Home**

Are you aware of the kinds of services that can help you or your loved one to stay at home as long as possible as you age? Do you know their costs and how people are paying for them? Learn about home- and community-based services like transportation, home delivered meals, chore services, home companion and case management. Find out about the “safety net” in our community for people who don’t qualify for Medicaid yet don’t have the resources to pay for the services they need. Featuring a panel of local non-profit service providers. *Facilitated by Jackie Boland, associate state director for AARP Hawaii.*

### **Part 2 (10:30 a.m. to 12:00 noon)**

#### **Housing Options for Seniors**

There may be a point in your life when you or the elders you care for feel the need to move to housing where long-term care services are available on-site. There are several types of long-term care housing available on Oahu including independent living facilities, assisted living facilities, care homes, foster care, and nursing homes. Find out more about each type of housing, how people are paying for them, and obstacles to accessing them. *Presented by Geriatrician Ritabelle Fernandes, MD, MPH, FACP.*



AARP Hawaii  
1132 Bishop Street, Suite 1920  
Honolulu, HI 96813

Presenting **FREE**  
learning opportunities  
for caregivers of elders.

**Mission Memorial Auditorium Location and Parking Information**

Mission Memorial Auditorium is one of the three buildings that comprise the Mission Memorial Building Complex located in the Honolulu Civic Center facing King Street.

Nearby Parking:

**Fasi Municipal Building Parking Lot**  
1100 Alapai Street, metered 8:00 a.m. to 4:00 p.m.—free on Saturdays; \$1.50 per hour on weekdays

**Kalanimoku Building Parking Lot**  
1151 Punchbowl Street, metered 6:00 a.m. to 6:00 p.m.;

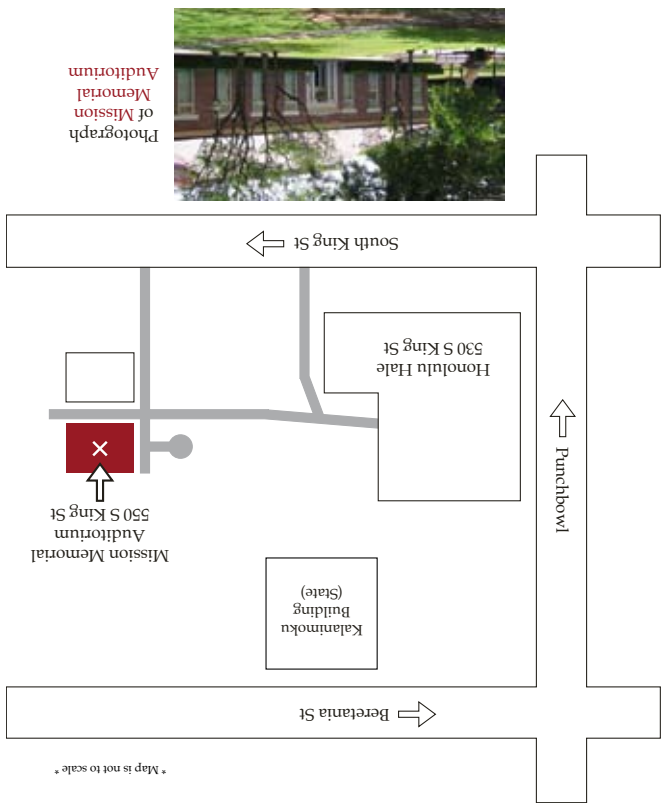
\$1 per hour

**Neal S. Blaisdell Center Parking Lot**  
777 Ward Avenue, \$5 flat rate before 5 p.m.; \$6 in-and-out privileges

**Hawaii State Capitol Parking Lot**  
415 South Beretania Street, 6:00 a.m. to 6:00 p.m.; \$1 per hour for first two hours, \$2 per hour thereafter

**Metered street parking available on:**  
Punchbowl Street, King Street, Kawalahao Street, South Street,

and Richards Street



Photograph of Mission Memorial Auditorium

\* Map is not to scale \*